**What Is Boston C?**

Boston C is a scientific blend of herbs and extracts that were the cornerstone of my practice as a licensed medical doctor in the Philippines for 16 years. Boston C has become well known for its alleged benefits in treating a wide variety of chronic illnesses. My opinion is that Boston C helps improve the health of people with degenerative chronic problems that I believe stem from nutritional deficiencies and lifestyle causes.

**How does Boston C Work?**

My theory is that Boston C works by (A) helping detoxify the body tissues, and (B) helping nourish and strengthen the immune system. Our immune systems are constantly fighting of disease and invaders. I believe that it can become compromised by unhealthy living and high toxin levels, and my opinion is that when this happens, disease is able to gain a foothold. I believe that Boston C helps cleanse the body of toxins, stimulates the immune system and strengthens vital organs, improving nearly all aspects of health as a result of significant nutrient delivery.

As a result, I believe the body is able to better fight disease on its own. Boston C is a rich source of vitamins and minerals known to benefit the body on their own.

We all understand that the body knows how to heal, and rebuild itself. But, over time the healing, cleaning and immune functions of the body don’t operate as efficiently as they do in our youth.

**Detoxification**

Boston C is theorized to help release toxins that build up in fat and tissues into the lymphatic system and blood stream where they can be filtered and excreted by the liver and kidneys. These are the chemicals and poisons that have the potential of leading cells to mutate. Eliminating these types of toxins can play an important role in proper immune function.

**Restoration of the Immune System**

Cleaning the body of toxins and impurities has the potential to free up the immune system to focus on killing cancer cells and protecting the body which it normally does every day of our lives in a process known as immunosurveillance.

Our immune system is the #1 defense against disease and its proper functioning is absolutely vital. My belief as a doctor is that "modern" medicine focuses on treating the patients’ physical symptoms, rather than the underlying causes of disease. In many cases the underlying cause of cancer can be a weak immune system. Our bodies are constantly fighting invaders and compromised cells, but when its weakened, that’s when cancer can set up shop.

**Does Boston C Cure Cancer?**

We do not claim that Boston C is a cure for cancer. In fact, I cannot claim that it has any therapeutic benefit whatsoever without properly run U.S. FDA clinical trials. Only FDA approved trials that have been successfully run allow for such statements to be made. So, we will plan on such trials here in the U.S. in the attempt to duplicate our results from the Philippines.

Although Boston C has many individual ingredients that have been scientifically shown to have significant anti-cancer properties and immune benefits, we do not claim therapeutic efficacy of Boston C. That being said, our documented treatment successes we saw at our clinic in the Philippines may be that we are simply lucky enough to get the highest rate of spontaneous remissions of any clinic in the world, whom all, just by sheer coincidence, happened to be consuming Boston C.

**Is it OK to use Boston C During Chemo/Radiation?**

Many people have reported success using Boston C in conjunction with traditional cancer treatments. Despite its long history of being used with and without chemo/radiation, you should always consult your doctor or naturopath before using Boston C. They may have a good reason why you shouldn’t.

**Do you know as much as your doctor about nutrition?**

**Link to that article**

**What are the Side Effects of Boston C?**

Most people do not have any unwanted side effects when taking Boston C. However, some people are sensitive and may experience stomach discomfort. This can be avoided by taking a lower dose and gradually increasing it until the body becomes accustomed to it.

Boston C has often been reported to have a laxative effect. As such, pay attention to your body and ensure that you are always consuming enough fluids.

Boston C is generally regarded as being benign concerning side effects, except for standard FDA caution that anyone pregnant or nursing should not use it (which applies to any dietary herbal supplement according to the U.S. FDA). People react differently to pharmaceuticals and dietary supplements. While some users experience adverse side effects when taking drugs or nutrition products, others have no problems or side effects at all. Possible side effects of taking Boston C are possible, but very unlikely considering the 150,000+ people who have used it without any adverse events. As with any nutritional supplement, you should consult with your physician before using Boston C. They may have a good reason why you shouldn’t.

Anyone starting with Boston C should begin with very small doses, regardless of labeled product directions. Discomfort may occur when taking Boston C. Here are three side effects that may occur:

1. Nausea and/or indigestion, generally caused by consuming Boston C on an empty stomach.
2. Intestinal or digestive discomfort.
3. Flu like symptoms.

Here are two possible causes of side effects:

1. An empty stomach before taking Boston C.
2. Flu like symptoms can be seen due to the potential for stimulation of the immune system.

Other rare side effects, such as diarrhea, lower-back kidney ache, pronounced flu-like symptoms or upset stomach may be caused by improper water intake. Anyone taking Boston C should increase their water intake.

**Allergies**

You may be allergic to one (or more) of the Boston C ingredients. If you become itchy, develop some rash areas on your body, even itchy runny eyes, and / or you come down with an unaccountable case of hay-fever symptoms with sneezing, runny nose and eyes. Consult with your physician, seek medical attention immediately or call 911 if you feel that it is an emergency situation. You may discontinue use at any time.

**Are there Boston C testimonials?**

There are considerable testimonials praising the benefits of Boston C. These can be seen at <https://www.youtube.com/channel/UCVeE2tR46vhvNSZMWwHmmzQ> However, testimonials should not be considered as medical evidence, as there are an infinite number of variables that may have contributed to any person’s success.

Legal Disclaimer

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

FDA Compliance

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